

Nepal Health Project

Status: In Progress

Country Office: Nepal

Duration: August 2012 to TBA

Budget: \$250,000.00

Project Coordinators: Jim Rennie Rama
Basnet

What does this project aim to achieve?

The Women's Health Program in Nepal aims to raise awareness, help prevent and cure the incidences of uterine prolapse (UP) among the rural, poor women of Central and Western districts of Nepal, with the view of improving their health and increasing their life expectancy. Women's health is highly neglected in Nepal, one of the few countries in the world where a woman's life expectancy is lower than a man's, and uterine prolapse is a common health issue among women. Studies in Nepal indicate that some 600,000 women, or 40% of the female population, suffer from second and third-degree uterine prolapse. Several non-government and/or community-based organisations are helping to address this issue by focusing on offering operations to women to cure the condition. But research suggests that little is done in educating women on how to prevent uterine prolapse. This project aims to fill this gap by funding the development and implementation of an awareness and training campaign involving local people and other organisations.

Who does this project help?

This project will help rural women, between the ages of 15 and 70, where incidences of uterine prolapse are among the highest in the country. It is anticipated that 50,000 women will be involved in various training seminars, community support programs, workshops on women advocacy rights and in the distribution of resources. Some 5,000 girls will also be encouraged to attend awareness activities conducted at various schools in these districts. It is also anticipated that approximately 6,000 women will be screened for the condition and up to 600 will receive operation support for second and third-degree uterine prolapse.

Why has Asian Aid chosen this project?

Asian Aid has chosen to support the Women's Health Project because it believes this project can make a real and positive difference in the lives of some of the most disadvantaged people in Nepal. Illiteracy, poverty, lower social standing, cultural practices such as early marriage and early pregnancy, lack of understanding regarding sanitation, nutrition and secure childbirth and the need for women to work and carry heavy loads during pregnancy and soon after birth make uterine prolapse a devastating reality for so many poor, rural Nepalese women. But prevention is possible. Having women understand the causes of the condition, and helping to prevent its continued spread will help not only the affected women, but also their communities.

Click [here](#) to watch Asian Aid's "Hope in Motion" episode and see how this project is making a difference in women's lives.